

# Shallowford Farm



*making the difference*

## Kit List

**Please bring:**

### **Toiletries**

Toothbrush and toothpaste  
Body/face wash  
Towel (if going to the beach bring 2 towels)  
Roll on deodorant (only)  
Sun screen (weather dependent)

### **Clothing**

**Layers are essential from September to May to keep warm when it is wet. Dartmoor can be cold and very wet. Wear 2 T-Shirts and 2 hoodies when it is cold!!!!!!**

Please ensure you pack **old** and **warm** clothes  
Jumpers/hoodies (2)  
Long sleeved tops/T shirts (3)  
Tracksuit bottoms /Leggings/jeans (2-3)  
Socks (at least 3 pairs **MUST BE LONG** for wellies)  
Socks – one thick pair for wellies  
Old trainers  
Slippers  
Scarf (weather dependent)  
Gloves (weather dependent)  
Hats (Weather dependent)  
Pyjamas  
Coat/anorak  
Underwear for 5 days

### **Very useful**

Wellington Boots (the Farm has some to borrow if you don't have them)  
Waterproofs (the Farm will lend you waterproofs for working with the animals)  
For the journey to and from East Shallowford electronic games, phones are often allowed. However, on arrival at East Shallowford they will be taken in by staff for safe keeping. Wi-Fi is not accessible.

### **Other equipment**

Sandwich box, water-bottle, small back-pack (day sack)  
Small backpack/rucksack

### **Packed lunch for the journey**

**Full board is provided on the Farm so please do not bring sweets, biscuits etc. Note – no food is allowed upstairs.**

### **Useful information**

East Shallowford Farm, Newton Abbot, Devon TQ13 7PW. Tel: 01364 621392