



Newsletter July 2017

Enjoy the promotional video and pass it on. Check the final result online. Then send it onto anyone who may be interested. Remember to follow us on Facebook and check out the photos on Instagram. Then there's all the summer fun coming up for which we are really going to need your help!

## Dates for your diary

21st-24th August Families Week

**12th September** Widecombe Fair

## Shallowford's Upbeat Image



We have been very blessed to have James Norden from Upbeat Image offering to make a promotional video for the Trust. Having spent considerable time here at the farm, at Providence House and then on the editing he has finished the film and you can see the reult on our website.

We are so grateful to him and thank him so much.

We hope you like it. It has been watched by 100s of people in just a few days so please send the link on and spread the news of the work of the trust and bring a group to come and see us.

## Get Involved with the Family Camp, 21st – 24th August

We will need more tents. If you have a complete tent that you are prepared to loan to the farm for that week we would be most grateful – all sizes needed.

There will be about 40 of us on site for 4 days. Lots of the young people bringing their families with them for their summer holiday experience. We have a busy programme planned for them but need lots of helpful willing hands to make it happen. There is a need for every kind of skill before during and after the event. So please read below to see how you can help out.



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#### Join in with the fun

Preparing the farm from Monday 14th August. This means mending, painting, cleaning, tidying, creating dining areas, moving animals, catering,...

Tent day is Saturday 19th. If you can loan a tent please let us know and ideally could you bring it to Shallowford and put it up on Saturday 19th. We will be here to help, provide mallets and plenty of refreshments. Of course they then need taking down afterwards.

Catering - we will be feeding about 40 each day from Monday 21st – Thursday 24th. So if you are any good at making cakes, serving food, washing up, ..... and can spare a few hours during that week you will be very welcome.

Pack up and clear up on Thursday 24th and Friday 25th. This is always the most difficult time as we are tired and fresh hands and legs are a God send if you can help then. All the tents then need to come down too.

## ...for I Want to go to Widecombe Fair...

Well it's happening again on Tuesday 12th September and as always Shallowford will be running the café in the Church House. So this is your chance to come to the fair, get involved with what the Trust are doing there and see what else is going on. This is a major fundraising event for us but it only works when lots of people join in.

"I love it", "Wouldn't miss for the world", "It is such good fun".





Catering. You won't believe the preparation!! Serena has cakes coming out of her – kitchen - and always appreciates company, help and banter.

Transformation - Monday 11th is a very busy day turning the Church Room into a café. There are lots of practical tasks to be done and it is true that "Many Hands Make Light Work". Please let us know if you can come along and help out.

Fair Day -Tuesday 12th we start early and keep going all day. It works a treat if we have a team of folks who are willing to do a few hours here and there, taking the strain off those who stick at it all day.

Clear up – on late Tuesday and Wednesday - always the tricky one but fresh hands and feet are SO welcome.

## **Dancing on Dartmoor**

The Streetz United dance troop from Providence House were here to create a film. They performed their dance routine in 4 different locations on the moor. They could be seen performing their routines at Fogintor Quarry, at the farm, on Widecombe Green and in the church. Even a herd of cows near the quarry walked a considerable distance to check what was going on. Keep an eye on the website for the finished film footage. Once they had perfected the dance they then used it and another new routine at the Falcon Road Festival.



Check out our Instagram page to view the PH dance video!

### Volunteers visit to Providence House

Twelve of us travelled to London to visit Providence House for the day. We were warmly welcomed, treated to a great lunch, a tour of the centre and the area and then joined in with the after school club before heading back down to Devon.

What a great and worthwhile day. It helped us to understand the home environment of the groups that visit Shallowford. Many thanks to all those who made the visit possible.





# The Day the Braunds Came to the Farm

Our founder and benefactor Elizabeth Braund has a huge family, many in north Devon and they meet regularly. This year they came to visit the farm. The group of young people staying at the time showed them around the farm and they all enjoyed a fabulous lunch of Shallowford Pork. Thanks to all of them for their continual support.

## Shallowford Pork

It is SOOO yummy.
If you would like any then please contact the farm.

We have bacon, sausages, burgers and all sorts of joints.



## **May Work Party**

Once again a small group of dedicated folks came to help out with a huge list of practical tasks that needed attention. They gathered fire wood from the fields, mended pig arcs, fences, stiles, and chicken runs, they rehung gates, mended wheelbarrows and so the list goes on. We are very grateful to them all, as always.

